

GRAFIK AEROBIKU i CYCLINGU

Aktualny od 31.08.2010

| Dzień Godz | Poniedziałek | Wtorek | Środa | Czwartek | Piątek | Sobota | Niedziela |
|---------------|-------------------------------------|------------------------|------------------------------|-------------------------------|------------------------|--------|-------------------|
| 08:30 | BPU Renata ** | Cycling Renata ** | Body Bar & Pump Renata | Cycling Renata * | TBC Renata ** | | TBC Renata ** |
| 09:00 | | | | | | | Cycling Renata |
| 09:30 | | | | | | | |
| 10:00 | | | | | | | |
| 10:30 | | | | | | | |
| 17:00 | | Yoga Agata ** | | | | | |
| 17:30 | Step & Shape Asia ** | | Dance TBC Asia ** | Step BPU Renata ** | Step TBC Renata *** | | |
| 18:00 | | | | | | | |
| 18:30 | Body ball & Pilates Bogusia * | TBC Renata ** | BPU Renata ** | Cycling Renata Do 19:15 | Body ball Agata ** | | |
| 19:00 | | | | Od19:15 Pilates Bogusia | | | |
| 19:30 | Cycling Artur ** | Callanetics Magda | Cycling Artur ** | | Cycling Artur ** | | |
| 20:00 | | | | | | | |
| 20:30 | | Cycling Artur ** | | | | | |
| 21:00 | | | | | | | |

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| 10:00 | | | | | | | |
| 10:30 | | | | | | | |
| 17:00 | | Yoga Agata ** | | | | | |
| 17:30 | Step & Shape Asia ** | | Dance TBC Asia ** | Step BPU Renata ** | Step TBC Renata *** | | |
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| 20:00 | | | | | | | |
| 20:30 | | Cycling Artur ** | | | | | |
| 21:00 | | | | | | | |